



# COUNSELING RESOURCES

*Resources for Families in Tipton County*

## WHAT IS THIS?

This document contains a list of resources that are available here, in West Tennessee. These resources are available for families who need them. In this document you will find the name of the resource, what the resource does, the physical address, phone number, fax number, and web address.

## Aubrianna Inman

School Counselor  
Munford Middle School  
100 Education Ave  
Munford, TN 38058  
901-840-9663

Name	About/Mission Statement	Web Address	Physical Address	Phone	Type	Fax/Email
Camelot	<p>Community-based family counseling and prevention services</p> <p><u>MISSION STATEMENT</u> Our mission is to be leaders in providing excellent and innovative human services.</p>	<a href="http://www.thecameltodifference.com/OurCommunity.aspx">http://www.thecameltodifference.com/OurCommunity.aspx</a>	<p>Camelot of West TN Jennifer Predmore, VP 1910 Nonconnah Boulevard, Suite 100 Memphis, TN 38132</p>	(901) 346-1270	Family Counseling	(901) 346-1271
PCS Counseling services	<p>Professional Care Services of West Tennessee, Inc. is an agency composed of caring and involved professionals who are trained to respond to the mental health needs of their community through assessment, intervention, treatment, rehabilitation and support. Since the beginning, the primary purpose of the agency has been to provide services for the citizens of our communities.</p>	<a href="http://www.pcswn.org">www.pcswn.org</a>	<p>1997 Highway 51 S. Covington, TN 38019</p>	<p>Covington (901) 476-8967  Millington (901) 873-0305  Appointments: 844-727-2778</p>	Counseling Services	
Camp BraveHearts	<p>Camp BraveHearts is a family grief day camp to help children ages 6-16 cope with the death of a family member or friend.</p> <p>This three-day camp, held annually in June, is a safe place where feelings of grief can be expressed. Trained professionals and volunteers explore issues related to grief with the children and their families. By sharing their grief with others, children and adults can begin to let go.</p>	<a href="http://www.methodisthealth.org/healthcare-services/hospice-palliative-care/bereavement-services/camp-bravehearts.dot">http://www.methodisthealth.org/healthcare-services/hospice-palliative-care/bereavement-services/camp-bravehearts.dot</a>	<p>The Grove at Red Oak Lake 849 Rocky Point Rd. Cordova, TN 38018</p>	(901) 818-2107	Grief Counseling	mary.jones@mlh.org

	Camp BraveHearts is provided free of charge thanks to generous contributions from the community.					
Camp Good Grief	Camp In the wake of tremendous emotional pain and upheaval, grieving children are expected to perform as well as behave in school and at home. To help children who have lost loved ones, Camp Good Grief started 15 years ago as the first bereavement camp in our area. The camp serves children from all areas of the population. Some campers experience loss from multiple deaths, and the majority of these are sudden and traumatic. The most common deaths are heart attacks, followed by murder, cancer and suicide. Camp is a "normal" place for children. Therapy sessions are sandwiched between pizzas, popsicles and play; and our campers have FUN!	<a href="http://www.bmhgiving.org/cgg-about">http://www.bmhgiving.org/cgg-about</a>	350 N. Humphreys Blvd. Memphis, TN 38120	(901) 861-5656	Grief Counseling	
Bread of Life First United Methodist  Covington, TN	In an effort to help to alleviate hunger among needy people in our community, First United Methodist Church has become a member agency in the Mid-South Food Bank, a division of a national non-profit food bank network called Feeding America, in order to begin a feeding ministry in Tipton County. There are currently no Mid-South Food Bank distribution agencies in north Tipton County, and there is great need in our community.	<a href="http://covingtonfumc.com/templates/System/details.asp?id=29885&amp;PID=798500">http://covingtonfumc.com/templates/System/details.asp?id=29885&amp;PID=798500</a>	Pantry distribution days and locations are as follows: 9:00 – 11:00 a.m. on 1st and 3rd Saturdays of each month – First United Methodist Church, 145 W. Church Avenue, in Covington: (Education building) 9:00 – 11:00 a.m. on 2nd and 4th Saturdays of each month – Munford United Methodist Church, 57 S. Tipton Street in Munford.	Grace Phelps at 476-9694	Food Pantry	Gphelps @covington fumc.com

			If there are questions or more information is needed, please contact			
Dream Interfaith Ministries	Food pantry located in Millington, TN	<a href="http://www.hfbcmail.org/">http://www.hfbcmail.org/</a>	4284 Shelby Road Millington, TN	901-872-3411	Food Pantry	
Tipton Cares	Food Pantry in Covington, TN.		7615 Hwy 51 #101 Brighton, TN	901-840-2273	Food Pantry	
Toys for Tots	The mission of the U. S. Marine Corps Reserve Toys for Tots Program is to collect new, unwrapped toys during October, November and December each year, and distribute those toys as Christmas gifts to less fortunate children in the community in which the campaign is conducted.	<a href="http://memphis-tn.toysfortots.org/">http://memphis-tn.toysfortots.org/</a>	Toys For Tots Coordinator 7569 Wasp Ave Bldg 945 Millington, TN 38054	SSGT John Paat (901) 239-2266	Supplies	toysfortotsmemphis@gmail.com
American Red Cross Mid South Chapter	Provides blood services, first aid, CPR, disaster relief, and services to armed force	<a href="http://www.redcross.org/local/tennessee/local-chapters/mid-south">http://www.redcross.org/local/tennessee/local-chapters/mid-south</a>	1400 Central Avenue Memphis, TN 38104 901-726-1690	Executive Director Laura Vaughn 901-672-6350	Supplies	Laura.Vaughn@redcross.org
Goodwill Industries	Provides individuals with clothing and house hold items for discounted prices.		8051 Hwy 51 N Millington, TN 38053	901-323-6221	Supplies	
The Trevor Project	Founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.	<a href="http://www.thetrevorproject.org/">http://www.thetrevorproject.org/</a>		1-866-488-7386	LGBTQ Support	
Prism (OUT Memphis)	PRYSM is a safe, welcoming space for 13-17 year olds to meet friends and get support. Many schools in Memphis do not have a GSA, diversity or queer group, so stop by PRYSM to hang out with other LGBTQ teens and straight allies.	<a href="https://outmemphis.org/programs-services/youth/#prism">https://outmemphis.org/programs-services/youth/#prism</a>	OUTMemphis 892 Cooper St Memphis, TN 38104	(901) 278-6422	LGBTQ Support	prism@outmemphis.org

Court Appointed Special Advocate	Recruits and trains volunteers to serve as advocates representing the best interests of children in court proceedings.	<a href="http://justiceforalltn.com/county/tipton">http://justiceforalltn.com/county/tipton</a>	200 W. Washington Ave. Covington, TN 38019	901-476-4114	Government Services	
Department of Human Services	Services: Food Stamp; Families First; Medicaid; and TennCare	<a href="http://www.tennessee.gov/humanservices">http://www.tennessee.gov/humanservices</a>	724 Hwy 51 North Covington, TN 38019	901-475-2505	Government Services	
Disability Law and Advocacy Center	Disability Law & Advocacy Center of Tennessee (DLAC) advocates for the rights of Tennesseans with disabilities to ensure they have an equal opportunity to be productive and respected members of our society. For people who qualify, DLAC may be able to assist with problems related to their disability like abuse and neglect outside of the home; discrimination in housing, transportation, employment; and access to public and private programs and services.)	<a href="http://www.disabilityrights.org/">http://www.disabilityrights.org/</a>	2693 Union Ave. Suite 201 Memphis, TN 38112	901-458-6013	Government Services	
Health Department	Provides families with healthcare and other necessities.	<a href="http://www.tipton.com/health_department/">http://www.tipton.com/health_department/</a>	4700 Mueller Brass Road PO Box 685 Covington, TN 38019	901-476-0235	Government Services	Fax: 901-476-0229
The National Domestic Violence Hotline	The Hotline is a nonprofit organization that provides crisis intervention, information and referral to victims of domestic violence, perpetrators, friends and families. The Hotline answers a variety of calls and is a resource for domestic violence advocates government officials, law enforcement agencies and the general public.	<a href="http://www.thehotline.org/">http://www.thehotline.org/</a>		800-799-SAFE (7233)	Abuse	
Lakeside	Specialized behavioral health and addictive disease services in the Memphis and Mid-South region. The 305-bed facility, located on a serene 37-acre campus in northeast Shelby	<a href="http://lakesidebhs.com/">http://lakesidebhs.com/</a>	Lakeside Behavioral Health System 2911 Brunswick Road Memphis, Tennessee 38133	901-377-4700 or 1-800-232-LAKE (5253)	Mental Health In-patient and Out-patient	

	<p>County, serves as the setting for the treatment for children, adolescents, young adults, adults and seniors. Lakeside's comprehensive programs treat disorders such as bipolar disorder, psychological trauma, depression and anxiety, mental illnesses, suicide intervention and addictive disease disorders such as alcoholism, drug addiction and substance abuse. In addition to helping our patients, Lakeside is committed to helping those in our community understand and recognize the complexities often associated with behavior health issues or addictive diseases.</p>					
Compass	<p>Compass Intervention Center is located in Southwest Tennessee. This convenient location provides access to larger communities in Tennessee, Mississippi, and Arkansas. We work with children and families throughout the United States, including military families overseas.</p> <p>Continuum of Care</p> <p>Compass Intervention Center is a free standing residential treatment center open to male and female children and adolescents from ages 6 to 17.</p> <p>Intensive outpatient and partial hospitalization services are available to male and female adolescents ages 12 to 17.</p>	<p><a href="http://www.compassinterventioncenter.net/about-us">http://www.compassinterventioncenter.net/about-us</a></p>	<p>7900 Lowrance Road Memphis, TN 38125</p>	<p>888-266-7279</p>	<p>Mental Health In-patient and Out-patient</p>	