

Is My Child Being Bullied?

How do you know if your child is being bullied? The signs may not all be obvious, but red flags include:

- Your child begins to dislike going to school. They will want to avoid the place where they are being bullied, especially if they know that they are not yet capable of stopping it.
- Your child's grades begin to suffer. Often times a child will have a hard time concentrating on academics when they are being bullied.
- Your child becomes moody. If your child is showing sudden signs of wanting to be alone or not wanting to talk with anyone, or even just being less himself.
- Your child gives up interests and hobbies. Most kids tend to withdraw from extracurricular activities fearing more bullying.
- Your child is suddenly hungrier when he comes home from school. Unless your child has joined a sport it may be that a bully is taking their lunch money.
- Your child suddenly has no savings. Most kids tend to splurge on candy and hotdogs but they usually do save something for something they really want. If your child suddenly has no savings and nothing to show for it, someone may be taking their money.
- Your child comes home with bruises or damaged clothes. This would be the most obvious sign and means you really need to step up and protect your child.

Help stop bully behavior at your child's school through Synergy's [STOP Violence programming](#). Learn more by contacting 816.777.0356 ext. 227.